

Pre-Tournament Equipment Checklist

For target and 3D archers — pack and prep with confidence

NIGHT BEFORE

- Wax string and serving
- Charge release (if electronic) and rangefinder
- Re-tighten sight, rest, quiver fasteners (hand-tight, not torqued)
- Verify sight tape covers expected distances
- Confirm arrow count and spare fletching kit
- Pack: bow, stabilizers, sight, rest, quiver, release, arrows, finger tab/glove, armguard
- Pack: rangefinder, binoculars, scorecard pencil, water, snacks
- Layout clothes — layered, range dress code if competition specifies

MORNING OF

- Eat a real breakfast — protein + carbs
- Confirm shoot start time + location + parking
- Bring: ID, registration confirmation, payment if applicable
- Final check: arrows correctly fletched, no cracked nocks, no loose pieces in bow case
- Hydrate — start drinking water 1 hour before warmup

AT THE RANGE

- Sign in at registration before warmup window closes
- Use warmup line — never make sight changes on the warmup target unless you confirmed in pre-flight
- Confirm scorecard partner before round starts
- Set up gear at your bag/stand: quiver placement, rangefinder, scorecard
- Quiet your mind — visualize your shot process, not the score

