

3D Tournament Checklist

What changes on a 3D course day: ASA, IBO, WA 3D and IFAA 3D

Pack your usual gear with the Pre-Tournament Equipment Checklist. This sheet covers only what is different on a 3D course. Rules vary by federation, class and event: check the current rules before every shoot.

Everything else to pack: bowsmith.app/en/learn/resources/pre-tournament-equipment-checklist

MY CLASS FOR THIS EVENT

Federation _____ Class / division _____
Stake / peg colour _____ Max distance _____ Distances: ☐ Known ☐ Unknown

RULES TO CHECK BEFORE THE DAY

- ☐ Known or unknown distances for your class, and its maximum distance
- ☐ Rangefinders: allowed for your class, or not at all
- ☐ Binoculars: allowed, and which marks must be covered
- ☐ Sight tape or yardage indicator: must it be covered?
- ☐ Scoring zones, arrows per target and the line rule for this format
- ☐ Time limits per shot and per round, if the event sets them

WEATHER AND TERRAIN

- ☐ Check the forecast; pack layers and a rain cover for the bow
- ☐ Practise uphill, downhill and side-slope shots
- ☐ Practise from uneven footing and from kneeling
- ☐ Practise judging distance in shade, in the open and across dips

PACK FOR THE COURSE

- ☐ Binoculars, with any range-finding marks covered if required
- ☐ A rangefinder only if your class allows it
- ☐ Arrow puller, plus spare arrows for misses in the woods
- ☐ Scorecard pencil and a rain cover or clipboard
- ☐ Water and food for several hours on the course
- ☐ Footwear with grip, rain gear, insect repellent

IN YOUR GROUP ON THE COURSE

- ☐ Before the first target, agree who keeps score and who calls the arrows
- ☐ Agree when arrows may be pulled, and how a disputed arrow goes to a judge
- ☐ No distance talk where the rules forbid it
- ☐ Binoculars only when the rules allow (IBO, ASA: not at the stake after the shot)
- ☐ Stay on the marked path and clear of the shooting lanes
- ☐ Check the scorecard totals and sign before you hand it in

FEDERATION QUICK REFERENCE

FEDERATION	RANGEFINDERS	BINOCULARS AND NOTES	SOURCE
WA 3D	Not permitted	Allowed without scales or marks that could range; no written memoranda; no distance talk until the day's competition is complete	Book 4 Art. 19.6.2, 19.7, 20.6
ASA	Unknown classes: prohibited. Known classes: allowed; share the reading if a group member asks	Allowed; no range-finding marks in unknown classes; no glassing from the stake after the shot. All classes: no phone apps; target cards without marks or notes	Pro/Am Rules 2026: Known & Unknown Distance Competition; Shooting Rules H, V
IBO	Prohibited, including any device, or use of the body or bow, to calculate yardage	Hand-held allowed, not at the stake after the shot; sight tapes covered; no yardage talk until all arrows are scored	2026 Rules IV.C.1-C.3, IV.A.7-A.8
IFAA 3D	On unmarked rounds, only optical devices that cannot measure distance or angle	Hand-held, no electronic enhancement; inspected before use	Book of Rules 2021, By-Laws Art. IV H.2.m; Art. V E.7

Summary of the rulebooks as read on 30 September 2026. Events and classes can differ: your event's rules win. Use this sheet to prepare; don't take written notes onto a course where the rules forbid them (e.g. WA Book 4 Art. 19.6.2).

WA Book 4 (v2026-01-27) · ASA Pro/Am Rules 2026 · IBO 2026 Rules · IFAA Book of Rules 2021 Rev. 04

